

## (FAQ's) - Frequently Asked Questions About the Multi-Phasic Blood Screening

**Always consult your primary care provider for information regarding your healthcare.  
This screening program is not a replacement for your annual office visit.**

### **Why do I need a medical provider to have testing performed?**

The state of Pennsylvania requires that any medical testing performed must have an ordering provider. It is against the law to acquire testing without a provider agreeing to accept the results.

### **How long does the process take?**

With registration and phlebotomy, you can expect to take up to 45 minutes to complete the process at the test site. But often much less.

### **How do I know what each test is?**

Review the document titled Blood Screening Test Descriptions or connect with your provider.

***The following are definitions of the optional add-on tests.***

**TSH-** Thyroid Stimulating Hormone- Useful in the diagnosis of underactive or overactive thyroid

**HEMOGLOBIN A1C-** The A1C test is a blood test that provides information about your average levels of blood glucose, also called blood sugar, over the past 3 months. The A1C test can be used to diagnose type 2 diabetes and prediabetes. The A1C test is also the primary test used for diabetes management.

**PSA-** Prostate Specific Antigen-Present in small quantities in the serum of normal men. Often elevated in the presence of prostate cancer and in other prostate disorders.

### **My physician or medical provider isn't on the accepting providers list?**

Some providers choose not to participate in this screening program. Contact them to see if they would consider participating next year.

### **What's the easiest way to register?**

There are 2 ways to register. Registering and paying on-line is easiest and fastest. You can do it 24 hours a day, 7 days a week from any device. On-line registration begins at least a month or more before the first event date. You can also complete a paper mail-in application form. Past mail-in registrants should receive a new application in the mail in advance to use for this year. Those need to be completed & returned with payment check as quickly as possible. This will take longer and mail-in time slots will be limited. So, registering yourself on-line is the fastest and preferred method.

**Why do I need to pay by credit card when registering on-line?**

Since this is a very popular program and the laboratory and available medical personnel limit the number of tests that can be done, on-line payment insures that people making appointments will show up and receive the tests, otherwise “no-shows” use up a reservation that is wasted and could be used by others. Also, no-shows cost both the lab and Punxsy Rotary fees. Therefore; no shows can get a refund less a fee for costs incurred.

**Why can't my child participate?**

This screening is designed for adults. Children should be drawn in a controlled environment. You may ask your child's health care provider for information on testing.

**Should I take my medication?**

Yes. You should make no changes in medications that you are taking. Take your morning doses WITH JUST A SWALLOW OF WATER. If you have concerns, contact your primary care provider.

**Can I drink water or eat?**

For best results, no food should be eaten for at least 12 hours before the test and minimal water if necessary. Again, if you have specific questions, you should contact your primary care provider for guidance.

**Can I bill this test to my insurance?**

Some insurances will pay for screenings, but you will need to facilitate this independently. As a screening, Punxsutawney Rotary cannot bill insurers directly, but will provide you with a receipt.

**When will I receive my results?**

You can expect to receive test results within 2 weeks. Exact dates cannot be provided to you and depend on many factors for each individual. NOTE – having your test done the first week DOES NOT guarantee getting your results faster than the second week. Again, there are many factors!

**Can I get a refund for an unused reservation?**

Yes. Rotary will be glad to refund unused tests that were paid in advance if requested by either e mail, phone or mail. All refunds will be subject to a \$10.00 service fee (the lab charges for all test viles made up in advance used or unused and there are merchant banking fees charged to Rotary for all credit card transactions). These refunds will be made by check in the mail after the screenings or in cash at the screening site. They cannot be credited to the credit/debit card that you used.

**Can I speed up that process?**

Test results are batch processed and there is no way to speed up that process. If you require a faster turn around time, you may want to consider ordering these tests through your medical provider.

**Can I add additional tests that my doctor recommends?**

Because this is a screening, we do not have the ability to add tests. If you require additional testing, discuss your concerns with your primary care provider who can advise you accordingly.

**Finally, your primary care provider is always your best source of information for your healthcare. Any specific questions should be directed to your physician or medical care provider.**